April 2024

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What Does Tendon Section Membership Mean to You?

Members of Tendon Section Leadership are working hard to bring you exciting scientific content and networking opportunities, as well as increasing the visibility of our members and their work. We educate fellow researchers and granting agencies about tendon research through scientific content at the Annual Meeting, and this year through our ORS 2024 Tendon Conference. Our goals are to improve knowledge exchange, define best practices for tendon research, foster discussion on new approaches, and facilitate interactions between clinicians, engineers, and researchers. In addition, we plan career development seminars and social events to bring together the community and provide networking opportunities all year long, facilitating collaborations and friendships. Finally, the Section website and newsletter, The Tendon Times, updates the community on the latest and greatest in tendon research as well as upcoming events. We strive to make this community diverse, inclusive, friendly, and fun! Please help us to grow by spreading the word on how fantastic Section Membership is.

“Being a tendon section member is the easiest way for me to stay up to date on the latest and greatest in tendon research across all scales – from mechanistic experiments to clinical outcome studies.”

Dr. Josh Baxter
Assistant Professor at the University of Pennsylvania
Secretary-Treasurer of the Tendon Section

2024 Tendon Section Annual Meeting Survey

Please complete this brief survey regarding the Tendon Section Meeting at the ORS 2024 Annual Meeting. Your valuable input contributes to making future events more relevant, engaging, and beneficial for all participants. Thank you!

Take the Survey
Members Around the Globe

Moe Yoneno, MSc
Doctoral Candidate
Saitama Prefectural University
Lab of Associate Professor Takanori Kokubun
Mechanobiology and Human Movement Sciences

Yuna Usami, MSc
Doctoral Candidate
Saitama Prefectural University
Lab of Associate Professor Takanori Kokubun
Graduate Course of Health and Social Service

Learn More

Tendon Section Award Winners

We would like to extend a very special thank you to all of the tendon section members who attended the 2024 ORS Annual Meeting this February. We would also like to congratulate and highlight those who received awards and recognition this year for their excellent work:

**New Presentation Awards:**
- Benjamin Freedman (Translational)
- Haiyin Li (Clinical Scientist)
- Nathan Campbell (Health Disparities)

**Poster Awards:**
- Anthony Aggouras
- Julia Robbins
- Leia Troop

**Three Minute Thesis (3MT) Competition:**
- Jarod Forer
- Zizhao Li
- Giulia Crosio

**Podium Awards:**
- Maja Wolleb
- Emmanuella Adjei-Sowah
- Yuki Fujikawa

**New Investigator Recognition Awards (NIRA):**
- Rahul Alenchery

**Adele L. Boskey, PhD Award:**
- Alayna Loiselle

**Kappa Delta Young Investigator Award:**
- Nathaniel Dyment
Faculty Spotlight

Jennifer A. Zellers, PT, DPT, PhD
Assistant Professor
Program in Physical Therapy & Department of Orthopaedic Surgery
Washington University School of Medicine

"I grew up in the ballet studio and naturally transitioned into physical therapy (Columbia University). After working clinically for several years (Thomas Jefferson University Hospital), I decided to pursue a PhD (University of Delaware, PI: Karin Silbernagel, PT, PhD, ATC) to gain the tools to ask clinical questions in tendon injury and rehabilitation."

Learn More

Michael Kjaer, MD, PhD
Professor in Sports Medicine, Faculty of Health & Medical Sciences
University of Copenhagen, Denmark
Head & Consultant, Institute of Sports Medicine
Dept of Orthopedic Surgery
Copenhagen University Hospital

"I try as best as I can to pass on the experience I have gained to the next generation. I also try to mentor and support the career development of the younger researchers so that they can become the scientific leaders of tomorrow."

Learn More

ORS 2024 Tendon Conference
Registration is open for our upcoming section satellite meeting at Mayo Clinic! Featuring topics on clinical research, bridging basic and clinical needs, multiomics, pain, biomechanics and imaging as well as plenty of opportunities for mentoring and networking, you won't want to miss it!

**Program Committee:**
- Dr. Alayna Loiselle, PhD
- Karin Grävare Silbernagel, PT, ATC, PhD
- Spencer Lake, PhD
- Neal Millar, MBChB, FRCSEd, PhD

**Co-Chairs:**
- Anne Gingery, PhD
- Peter Amadio, MD
- Chunfeng Zhao, MD

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**Recent Tendon Publications**

The Membership Committee is excited to share a compiled list of publications relevant to the orthopaedic field. Check out this key benefit of section membership to stay well-informed and engaged with current research and developments. In addition, stay tuned for upcoming webinars featuring new, hot-off-the-press preprints from members of your tendon community.

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**New Mentor Matching Program**

Are you hoping to increase your visibility and improve connections with colleagues outside your home institution? Are you in search of guidance in different aspects of your career? Whether you are a trainee or an established investigator, the ORS Tendon Section is launching a new mentor matching program to help support and grow our community at all levels.

This program aims to offer both peer (similar stage) or aspirant (relative senior stage) mentor/mentee matching to our members. We aim to match mentors and mentees based on the individual needs of the mentee, such as (but not limited to): professional development, personnel
management, departmental/institutional politics, parenting, self-care, grant writing, scientific communication, and more! As a mentor or a mentee, you will be asked to commit at least one year of paired or small group mentoring, based on your needs, with dedicated time set aside at various conferences throughout the year.

There is still time to get involved! We are planning to have formal opportunities to meet and interact with your mentor at the upcoming Tendon Section meeting in May for those that are attending.

Sign Up Here

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Connect with ORS on Social Media: