Be a part of history when ORS celebrates 70 Years of Advancing Research to Keep the World Moving at the 2024 ORS Annual Meeting, February 2-6 in Long Beach, CA. The meeting brings the orthopaedic community together for five days of workshops, learning sessions, networking, and advocacy. Attendees from many disciplines and career levels will network and learn about the latest innovations in orthopaedics. **Registration for the 2024 Annual Meeting is open.**

Maximize your 2024 ORS Annual Meeting experience by attending a special **Know Before You Go** webinar, January 17, at 11:00 Central. This session will provide guidance on how to make the most of your time at the meeting, what you can expect, and how to best engage as a presenter or participant. We will also discuss the events at the Annual Meeting, as well as research sections, logistics, opportunities to connect, membership, what to pack, and much more. Join us to make your ORS Annual Meeting experience all it can be. Bring your questions.

**Hotel reservations are now being accepted. Reserve your room today to make sure you secure the right room for you. Each option is located near the event site. **Be sure to book your room soon to take advantage of the discounted ORS room block rate.** The deadline for hotel reservations is Friday, January 19, 2024, and rooms are subject to availability.

**Please Note:** Some members have reported receiving spam emails from sources unrelated to our hotel block or related partners. Please disregard these emails and make sure to only book your hotel room through the official ORS reservations process. If you encounter any issues or have questions, please contact the ORS events team.
Looking for a Roommate for the Annual Meeting?
If you are looking for a roommate for the Annual Meeting, check out our Facebook group page to connect with others who might also be looking. (Note that members who choose to room together at the ORS Annual Meeting do so at their own discretion. Neither the ORS, the Annual Meeting hotels, Long Beach Convention Center, sponsors, exhibitors, nor any party associated with the event assumes any responsibility for any activity which may occur while residing at the event).

Award Spotlight

The following award submission deadline is coming up soon:

**ORS/ON Foundation Orthoregeneration Award** (Deadline for submissions: January 10)
The ON Foundation and the ORS are collaborating to advance orthopaedic tissue regeneration. [CLICK HERE](#) for more information or to submit a nomination.

New Investigator Toolkit from LearnORS
LearnORS has just launched the *New Investigator Toolkit*. The toolkit addresses common gaps in training that surface during the launch of an independent laboratory. These online sessions bring together early and mid-career investigators for panel discussions on the development of critical "soft-skills" such as cultivating mentoring skills, building your lab brand, and strategic planning through different career stages. In addition, sessions of budgeting and peer-review provide tangible tips for these important aspects of managing your lab and building your career. This course is available now, online, on demand, on your own schedule.

Renew Your ORS Membership

ORS members, you can now renew your membership for 2024 so you can continue to take advantage of all the benefits that come from being a part of the ORS. By renewing, you’ll stay connected with a dynamic network of orthopaedic professionals, gain access to cutting-edge research and industry insights, forge valuable connections through networking opportunities, enhance your personal and professional growth with tailored webinars, and unlock exclusive perks such as special discounts and offers available exclusively to ORS members. When renewing, please also consider joining an ORS Section. An ORS Section is a small, intimate community of like-minded peers that promote the common interest of ORS members in a specific area of research related to orthopaedics.
Anterior cruciate ligament (ACL) injury initiates a biochemical cascade thought to contribute to the onset and progression of posttraumatic osteoarthritis (PTOA). Interleukin-1β (IL-1β), IL-6, and C-telopeptide fragments of type II collagen (CTX-II) are implicated in joint inflammation and cartilage degradation following ACL injury; however, their association with pain is still being explored. The purpose of this study was to evaluate the associations between synovial fluid concentrations of IL-1β, IL-6, and CTX-II with pain following ACL injury and reconstruction. We hypothesized that greater IL-1β, IL-6, and CTX-II would correlate with greater Pain Visual Analogue Scale (VAS) scores.

The call for abstracts is now open for the ORS Tendon Conference 2024: Mechanism to Therapy - Emerging Technologies and Therapeutic Outcomes. The conference will take place May 30 - June 1 at the Mayo Clinic in Rochester, MN. The conference will provide a forum to present and discuss the latest research, important emerging technologies including multiomics, address the lack of robust understanding of pain in connective tissue disorders, and to highlight clinical unmet needs and the importance of clinical research. The conference will serve as a platform for mentoring trainees, fostering collaborations and driving the rigorous research to advance the field of tendon research. Abstracts submitted or presented at this meeting can also be submitted for the 2025 ORS
Orthopaedic disorders are lifechanging ailments that touch each and every one of us, whether personally, or through the challenging experiences of family members or friends. According to the United States Bone and Joint Initiative, musculoskeletal disease affects over half of those in the United States who are 18 or older, and nearly three quarters of those who are 65 or older. The most common of these disorders are trauma, back pain, and arthritis. The cost of treating these conditions, which includes long-term pain and disability, is much greater than the costs associated with treating most other common health conditions. However, the dollars allotted to musculoskeletal research do not match the need – and in many cases the funding for this important research is lower than that for many other conditions. While this is currently an issue, it will become increasingly problematic as our population ages.

Musculoskeletal research seeks concrete ways to improve the lives of those in this enormous group of people who live with debilitating disorders. ORS is committed to supporting our research community – currently, more than 3,800 researchers worldwide. The fundamental beliefs of our society are outlined in our core values: scientific excellence and integrity, partnership, collaboration, diversity, and advocacy. Our mission to advance musculoskeletal research worldwide is all about our commitment to move the field forward on a global scale. Please consider helping us to help others. Through your donation to ORS, you will be helping our society to do more, and to continue to provide the many successful programs and funding opportunities to our community.

Please Consider Making a Donation
Keep up with the latest on the ORS and the orthopaedic community by connecting with us on social media. The ORS posts regularly on Facebook, Instagram, Twitter (X), LinkedIn, and TikTok. Please follow us, share our posts with your connections, invite others, and tag us when you have good information to share. Together we can help spread the word far and wide about the importance of orthopaedic research.

Follow Journal of Orthopaedic Research on Twitter (X) and LinkedIn, and Journal of Orthopaedic Research - Spine on Twitter (X) and LinkedIn.

Find Your Next Opportunity at the ORS Career Center

Check out the ORS Career Center to post jobs, post a resume, create a profile, find jobs, apply, or sign up for job alerts. The Career Center offers: Career Coaching, Resume Writing, Reference Testing, and a Career Learning Center. Check out this important resource today.

Visit the ORS Career Center

Find or Post Events on the Orthopaedic Events Calendar
An orthopaedic events calendar has been added to the ORS website. The events listed are of potential interest to those in the orthopaedic community. ORS Members are welcome to submit applicable events at no charge through the Submit Event button at the top of the calendar on the site. This is an excellent opportunity to spread the word about your orthopaedic-related events, ensuring they reach a wider and engaged audience.

This Holiday Season, as we end one year and begin another, we send our very best wishes to you, your family, friends, and colleagues. We could not do what we do without you, and we value your continued commitment to making lives better for those affected by musculoskeletal disorders. Thank you, and we look forward to a strong 2024 together.

Our Best Wishes This Holiday Season
and in the New Year

Mark Your Calendar!

**ORS/ON Foundation Orthoregeneration Award Submissions Due**
January 10, 2024

*The ORS 2024 Annual Meeting*
**Know Before You Go Webinar**
January 17, 2024

**ORS Annual Meeting Hotel Room Block Closes**
January 19, 2024

**ORS 2024 Annual Meeting**
February 2 - 6, 2024
Long Beach, California

**ORS Tendon Conference 2024: Mechanism to Therapy – Emerging Technologies and Therapeutic Outcomes**
Call for Abstracts Closes
March 1, 2024

**ORS Tendon Conference 2024: Mechanism to Therapy – Emerging Technologies and Therapeutic Outcomes**
May 30 - June 1, 2024
**Dates, Events, and People in Orthopaedic History**

We would like to continue to note important people, dates, and accomplishments in the history of orthopaedics in *ORS Connect*. If you have something or someone that should be recognized, particularly around days, weeks, or months of a specific dedication, please [click here to submit your information](#).